



VOLUNTEER INFO & KIT LIST



WELCOME TO

ELEPHANT-HUMAN RELATIONS AID

Thank you for joining the EHRA Team!
You might find it interesting to follow what we are up to and get a good idea of the adventure that awaits you!

You can find us on Social Media



/EHRANamibia



/ehranamibia



/EHRANamibia



/ehranamibia



Watch our videos on
EHRAs project on YouTube!



FLIGHT & TRAVEL

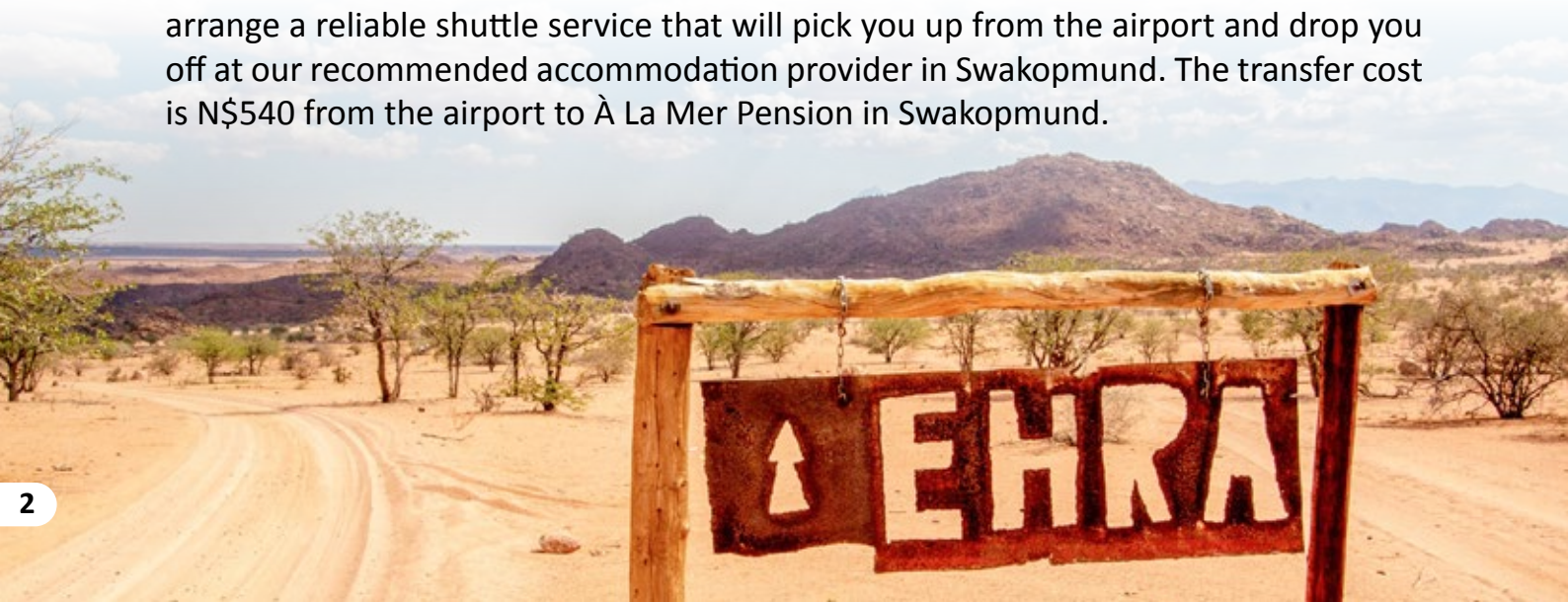
BOOKING

Namibia has two main airports; namely Hosea Kutako International Airport in Windhoek, and Walvis Bay International Airport in Walvis Bay. Your final destination and EHRA meeting point is a gorgeous coastal town called Swakopmund, which is a four-hour drive from Windhoek and a 20-minute drive from Walvis Bay.

Depending on flight costs, we would recommend that you fly to Walvis Bay due to the proximity to Swakopmund. However, flying into Windhoek can work out a lot cheaper so be sure to check both routes.

We recommend reviewing the following airlines to see which offer a flight that suits your needs: South African Airways, British Airways, Lufthansa, Eurowings and Ethiopian Airways. If you are travelling from the UK, you could try Air Namibia's flight from Frankfurt direct to Windhoek and search for the cheapest ticket from London Heathrow to Frankfurt.

Don't be put off by the distance between Swakopmund and Windhoek as we can arrange a reliable shuttle service that will pick you up from the airport and drop you off at our recommended accommodation provider in Swakopmund. The transfer cost is N\$540 from the airport to À La Mer Pension in Swakopmund.




ARRIVAL IN WALVIS BAY

Should you arrive in **Walvis Bay**, we will arrange for you to be collected and dropped off in Swakopmund at the backpackers accommodation we use: À La Mer Pension in Swakopmund.

— **This transfer costs N\$280.**

At the latest, you should ARRIVE in Walvis Bay by Sunday midday. If you arrive a day late, you will miss the mandatory briefing on Sunday evening and the scheduled transfer from Swakopmund to EHRA's Base Camp on Monday morning. You would then have to **pay for the transfer yourself**. Our Base Camp is located in a remote area, and transfers are usually **N\$ 5,000** from Swakopmund or Windhoek. We highly recommend for volunteers to arrive by the Saturday before their scheduled project.



*Please be there
for the Sunday
night briefing!*

ARRIVAL IN WINDHOEK

If you arrive in **Windhoek**, EHRA can reserve a seat for you with a reliable shuttle service. The shuttle will collect you from the airport and drop you off at Roof of Africa accommodation in Windhoek, where you will have to wait for the next shuttle which will collect you between 12:45 pm and 1:45 pm that same day.

The shuttle service from the airport to the Roof of Africa will be N\$300. The shuttle service from the Roof of Africa to À La Mer Pension in Swakopmund will be N\$280, which you need to pay cash.

— **Total transfer costs are N\$580 (subject to change)**

Should you require overnight in Windhoek, we recommend Chameleon Backpackers, and the shuttle will pick you up from there the following day. Please inform us about your flight details so that we can make these arrangements in advance on your behalf.

important!

If you fly into Windhoek you must ARRIVE on Sunday before midday so you have sufficient time to catch the last shuttle to Swakopmund.

RETURN FLIGHT

When booking your return journey, you should be aware that we do not arrive back in Swakopmund on Friday until 2 pm. Therefore, please check departure times before booking flights that depart on this day. We recommend booking a flight for the following day or later.

If your departure flight is from Windhoek (from Saturday onwards) the earliest you will arrive there is midday as daily shuttle leaves Swakopmund at 7 am.

*We also all
eat together on
the Friday night.
Don't miss
that!*



ACCOMODATION

before & after the project

Option A: À La Mer Pension

Opposite our office. 3 min walk to the beach and 8 min walk to the nearest mall.

We can book it for you!

rates

Standard sharing	N\$ 750 pp/pn
Standard single	N\$1055 pp/pn
Children 3-12 years	50% discount
www.pension-a-la-mer.com	

Option B: Amanpuri Travellers Lodge

20 min walk to the beach and 15 min walk to the nearest mall.

We can book it for you!

rates

Dorm bed	N\$250 pp/pn
Twin room shared	N\$300 pp/pn
Twin room single	N\$500 pp/pn
www.amanpurinamibia.com	

PICK UP & TRAVEL TO CAMP



The pick up point is from **À La Mer** in Swakopmund at **11am** on the **Monday** of the start of the project.

Drive to camp is **four hours!**



emergency

Rachel Mobile
+264 81 2332 148

Victro Mobile
+264 813 374376

EHRA Office
+264 64 402501

À La Mer
+264 64 404 130

ALTERNATIVE ACCOMODATION

If **you are staying** at alternative accommodation in Swakopmund, we can arrange to collect you from there.

If you have made your own way to Swakopmund and are not staying at À La Mer, please do let us know and ensure that you join our **briefing on Sunday evening**.

À La Mer Address:
Libertina Amathila Ave 4-6
P.O. Box 478, Swakopmund

If **your flight is delayed** and you are likely to miss the pick-up, or if you have any other problems on your journey, please contact us. If you are unable to get hold of anyone, please head to À La Mer where arrangements would have been made for you. Please ensure that you have these telephone numbers saved and travel with local currency (Namibian Dollars N\$ or South African Rand ZAR).



INSURANCE

You must have **adequate insurance** for the duration of your stay.

Please note that many household policies and cheap backpacker policies do not provide sufficient cover. In the unlikely event that you do have an accident, you must be covered for all contingencies, including emergency air evacuation.

You must email a copy of your insurance policy to the office with your information form. We need this information to activate the emergency response teams in the unlikely event of an accident.

We must have this information.

Done?

*Ensure that
you have adequate
insurance for your
stay in Namibia!*



PASSPORT & VISA



PASSPORT

You will need to travel with a valid passport with at least six months left to expiry from date you enter the country. You can stay for up to three months visa-free in Namibia.

Please ensure you have sufficient blank pages left for the visa stamps.

A valid passport is required by all nationalities referred to in the chart below:

COUNTRY	PASSPORT REQUIRED?	VISA REQUIRED?	RETURN TICKED REQUIRED?
British	Yes	No	Yes
Australian	Yes	No	Yes
Canadian	Yes	No	Yes
USA	Yes	No	Yes
Other EU	Yes	No/1	Yes

VISAS

TOURIST VISA

Available ON ARRIVAL for nationals referred to in the chart above. The Conservation Tourism in Namibia does not require employment permits or work visas as this is regarded as *standard tourism*.

The following nationals **MUST APPLY** for a visa before travelling to Namibia:

➔ Bulgaria, Cyprus, Czech Republic, Estonia, Greece, Hungary, Latvia, Lithuania, Malta, Poland, Romania, Slovak Republic and Slovenia.

Immigration form

When you complete the immigration form upon entering Namibia you **MUST** state that you are a tourist on holiday. (Under section **15**. Purpose of Entry tick "Holiday/ Tourist/ Recreation".)

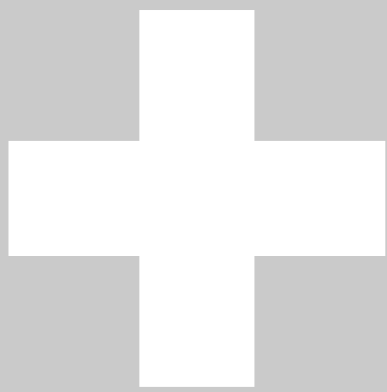
DO NOT say you are working as you would need a work visa for that. Consequences of saying you are working (even if for free) may be *denial of entry* or a very short visa of 1-2 weeks.

In the address part (Section **14**.) of the immigration form you should write:

A La Mer, Libertina Amathila Ave 4-6 P.O.Box 478, Swakopmund or the accommodation that you are staying at.

The form is titled 'ARRIVAL / DEPARTURE FORM' and includes the following sections:

- 1. Surname (Family name):
- 2. First Name (s):
- 3. Maiden Name:
- 4. Sex (Male / Female):
- 5. Country of Birth (State country):
- 6. Nationality of passport:
- 7. Date of Birth (Day / Month / Year):
- 8. Country of present residence:
- 9. Passport Number:
- 10. Number of accompanying children under the age of 16:
- 11. Mode of Travel (Please tick one box):
- 12. Occupation:
- 13. Physical Address in Namibia:
- 14. Purpose of Entry (Tick one box):
- 15. Length and intended stay in Namibia (Days/Weeks/Months):
- 16. Visitors to Namibia (Please specify):
- 17. Amount of money you intend to spend during your visit:
- 18. Contact Person:
- 19. Signature:
- 20. Date:
- 21. Official use only (Date Stamp):
- 22. Signature of Immigration Officer:
- 23. Number of days granted:



MEDICAL INFO



First Aid Kit

Legally we are unable to provide you with any medication. So you must bring your own first aid kit with you, including:

- Paracetamol
- Ibuprofen
- Anti-histamine tablets and cream (for insect bites etc.)
- Eye drops
- Anti-diarrhea
- Rehydration sachets
- Antiseptic cream and spray
- Burn cream/plasters
- Plasters, bandages etc.
- Gauze
- Sterile water
- Cough medicine
- Traditional thermometer

Done?

Prescriptions

Please also bring supplies of any prescription medication that you take or any other medicines that you think you may need.

Done?

Done?

MEDICAL FORM

- **Please complete the medical form and return it to EHRA.** You must consult your GP with regards to immunizations, as EHRA cannot give advice.

Done?

VACCINATION

- **Malaria:** The project site is regarded as malaria free, but many parts of Namibia are not, so if you are traveling on, please consult your GP for guidance.
- **Tetanus:** A recent tetanus jab is highly recommended.
- **Polio:** Recommended
- **Hepatitis A&B:** Recommended

Done?

COVID-19 PRECAUTION



- Waterless hand sanitizer
- Masks: Either disposable each day or washable (which you can buy with us).



FINANCE INFO

CURRENCY

The local currency is the Namibian Dollar (N\$), which is linked to the South African Rand (ZAR), also a legal currency in the country. The following website will give you up to date exchange rates: www.xe.com/ucc

During your stay at Base Camp, you won't need money for anything other than luxuries such as alcohol, cigarettes and snacks.

You should purchase these in Swakopmund before we leave for Damaraland as supplies are limited there.

*Make sure
you bring enough
cash along!*






EHRA KIT CHECKLIST

CLOTHING

ESSENTIALS

- ☐ Working gloves! → 
- ☐ Sun hat / cap
- ☐ Comfortable, lightweight trekking boots/trainers or similar
- ☐ Sandals for camp (you must always have footwear on!)
- ☐ Sunglasses
- ☐ Fleece type pullover (and warm jacket it can get quite cold at night during the winter months)
- ☐ Neutral colored lightweight bush wear (khaki, grey, beige, green - NOT camouflage design) for patrol week (consider 2x changes of clothes)



Please be aware that your clothes are going to get dirty! But luckily after the first week, we have a lovely lady, Ella, that can hand wash your clothes at Base Camp for a small fee.

The clothes will be washed when volunteers have a day off.

You can buy most things in Swakopmund, so if you do not want to carry big items such as sleeping bags with you, then you can purchase them here, the same goes for toiletries etc. Remember to bring clothes for Swakopmund too, and remember it is **colder at the coast.**



EHRA Base Camp

LUGGAGE INFO

Due to limited space, volunteers will need to divide their luggage into two parts, namely one bag for Build Week and another for Patrol Week.

Your spare luggage will be safely stored at our Base Camp while we are in the field. We recommend taking a smaller bag along so that you can easily store your items for the week.

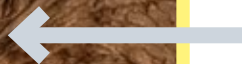
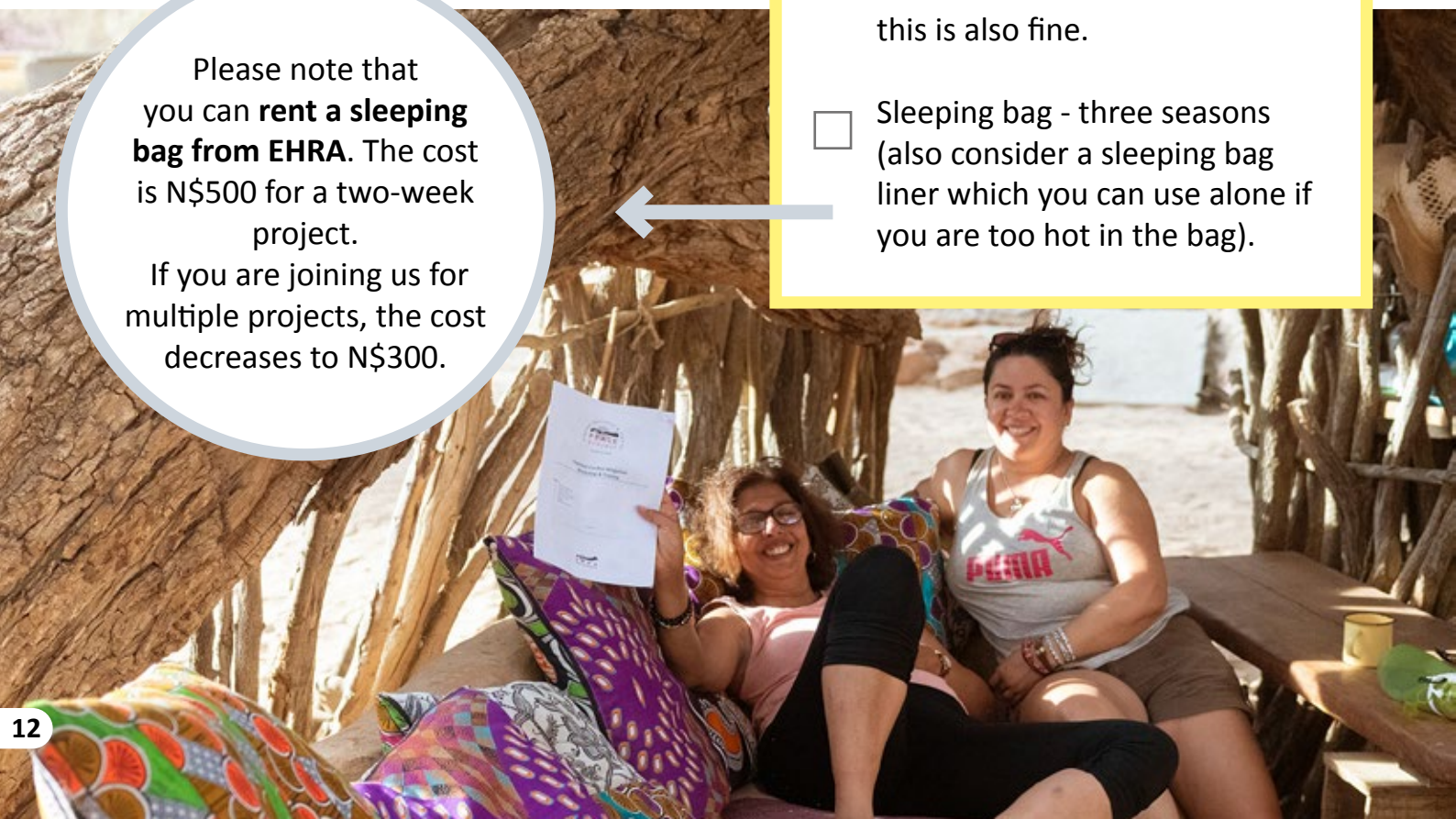
Please note that you can **rent a sleeping bag from EHRA**. The cost is N\$500 for a two-week project.

If you are joining us for multiple projects, the cost decreases to N\$300.

OTHER ITEMS

ESSENTIALS

- ☐ Passport, insurance certificates & personal documentation, including some certified copies stored separately.
- ☐ N\$ or SA Rand – small denomination notes (can change at airport)
- ☐ Personal medical first aid & hygiene kit
- ☐ Sunscreen & lip salve
- ☐ Head torch (head torch is super important and batteries!)
- ☐ Lighter for bush business
- ☐ Water bottles: 3 x 1 litre. If you use old mineral water bottles this is also fine.
- ☐ Sleeping bag - three seasons (also consider a sleeping bag liner which you can use alone if you are too hot in the bag).



NON ESSENTIALS

- ☐ Pocketknife is handy
- ☐ Consider a hat with a mosquito net built in. There can be rather irritating Mopani Bees around (THEY DO NOT STING!!)
- ☐ Camera with enough film and batteries for the duration of the expedition
- ☐ Waterproof jacket (if you are in Namibia Jan-May)
- ☐ Notebook and pen
- ☐ Tshirt and Shorts for build week can be any colour (consider 3 tshirts max and one pair of shorts – please note no “hot-pants”)
- ☐ Hats, gloves, warm sleeping wear (for winter months June-Sept time)
- ☐ Baby wipes/Flannel – there are no washing facilities whilst on patrol week BIODEGRADEABLE IF POSSIBLE. During build week you can have a bucket of water to wash, IF water is plentiful.
- ☐ Pillow
- ☐ Long trousers – if you are coming to EHRA in winter or want to stop mosquitos biting in the summer.
- ☐ Swimwear – there is a lovely pool in Uis that you will visit
- ☐ Towel
- ☐ Mosquito & insect repellent
- ☐ Binoculars for game viewing
- ☐ Daypack large enough for; fleece, personal medical kit, binoculars, sunscreen, lunch and water bottles. One soft kit bag for main packing
- ☐ Mosquito net (useful during Dec-May)
- ☐ Eco shopping bags (you might want to shop locally for snacks and other personal items!)
- ☐ Power bank charger
- ☐ Positive attitude!

RECOMMENDED READING



GUIDES

- ☐ Lonely Planet Guide to Namibia
- ☐ Newman's Birds of Southern Africa. K. Newman.
- ☐ The Mammals of the Southern African Subregion. Smithers, R. H. N.
- ☐ A guide to the behaviour of African mammals. Estes.

STORY BOOKS

- ☐ "An African Love Story: Love, Life and Elephants" by Dame Daphne Sheldrick
- ☐ "The White Bone" by Barbara Gowdy
- ☐ "Elephant Company" by Vicki Croke
- ☐ "An Arid Eden" by Garth Owen-Smith
- ☐ "The Elephant Whisperer" by Lawrence Anthony and Graham Spence
- ☐ "The Last Rhinos" by Lawrence Anthony
- ☐ "An Elephant In My Kitchen" by Francoise Malby-Anthony
- ☐ "Elephantoms" by Lyall Watson
- ☐ "The Elephant's Secret Sense" by Caitlin O'connell
- ☐ "Heat, Dust and Dreams" by Mary Rice and Craig Gibson, Struik Publishing.
- ☐ "Frühstück mit Elefanten" by Geza Neizel (German)



WE ARE LOOKING FORWARD TO WELCOMING YOU SOON!

FOR MORE INFO CONTACT
INFO@DESERTELEPHANT.ORG

Your EHRA Team

